

## Comunita' globale

Date : September 20, 2016

### GARS

Dzamling Gar – The Global Gar – Europe (Spain) – [dzamlinggar.net](http://dzamlinggar.net)

[Kunsangar North](#) – Russia – [kunsangar.ru](http://kunsangar.ru)

[Samtengar](#) – China – [samtengar.cn](http://samtengar.cn)

[Tashigar Sur](#) – South America (Argentina) – [tashigarsur.org](http://tashigarsur.org) [secretaria@tashigarsur.com](mailto:secretaria@tashigarsur.com)

### LINGS

#### WEST EUROPE

##### Austria

Vienna: Samdrubling – [dzogchen.at](http://dzogchen.at) [wien@dzogchen.at](mailto:wien@dzogchen.at)

East Styria: Yeselling – [yeselling.at](http://yeselling.at) [yeselling@speed.at](mailto:yeselling@speed.at)

##### France

South: Dejamling: [association-dzogchen.org](http://association-dzogchen.org) [dejamlingfr@gmail.com](mailto:dejamlingfr@gmail.com)

Paris: Palriling – [dzogchen.info@yahoo.com](mailto:dzogchen.info@yahoo.com)

##### Germany

Berlin: Dödjungling – [dodjungling.de](http://dodjungling.de) [blue@dodjungling.de](mailto:blue@dodjungling.de)

Cologne: Dargyaling – [dargyaling.de](http://dargyaling.de) [dargyaeling@dzogchen.de](mailto:dargyaeling@dzogchen.de)

Munich: Samdrubling – [muenchen.dzogchen.de](http://muenchen.dzogchen.de) [samdrubling@dzogchen.de](mailto:samdrubling@dzogchen.de)

##### Ireland

[dzogchen.ie](http://dzogchen.ie)

##### Italy

Brescia: Kunsalling – Retreat place – [kunsalling.it](http://kunsalling.it) [info@kunsalling.it](mailto:info@kunsalling.it)

Bologna: Desalling – [desalling.org](http://desalling.org) [desalling.bologna@gmail.com](mailto:desalling.bologna@gmail.com)

Milan: Dribselling – [dzogchenmilano.it](http://dzogchenmilano.it) [info@dzogchenmilano.it](mailto:info@dzogchenmilano.it)

Naples: Namdeling – [dzogchennapoli.org](http://dzogchennapoli.org) [blu@namdeling.org](mailto:blu@namdeling.org)

Puglia: Kunkyhabling – [Giovanni.rosato@alice.it](mailto:Giovanni.rosato@alice.it)

Rome: Zhenphenling – [zhenphenling.it](http://zhenphenling.it) [posta@zhenphenling.it](mailto:posta@zhenphenling.it)

Turin: Tobdenling – [dzogchentorino.it](http://dzogchentorino.it) [info@dzogchentorino.it](mailto:info@dzogchentorino.it)

##### Netherlands

[info@dzogchen.nl](mailto:info@dzogchen.nl)

[jasna.adler@free.fr](mailto:jasna.adler@free.fr)

[gakyil@dzogchen.es](mailto:gakyil@dzogchen.es)

## **United Kingdom**

London: Lekdanling – [dzogchencommunityuk.org](http://dzogchencommunityuk.org) [Lekdanling.org](http://Lekdanling.org)

Wales: Kunselling – [dzogchencommunityuk.org](http://dzogchencommunityuk.org)

## **EAST EUROPE**

### **Bulgaria**

Sofia: Dargaeling – [dzogchen.bg](http://dzogchen.bg) [contact@dzogchen.bg](mailto:contact@dzogchen.bg)

### **Czech Republic**

Prague: Kunkyabing – [dzogchen.cz](http://dzogchen.cz) – [blue@dzogchen.cz](mailto:blue@dzogchen.cz).

Phendeling: [dzogchen.cz/mista/phenDELING](http://dzogchen.cz/mista/phenDELING) [phenDELING@dzogchen.cz](mailto:phenDELING@dzogchen.cz)

### **Estonia**

Tallinn: Thadralling – [dzogchen.ee](http://dzogchen.ee) [gakyil@dzogchen.ee](mailto:gakyil@dzogchen.ee)

### **Greece**

Garabing: [dzogchen.gr](http://dzogchen.gr) [info@dzogchen.gr](mailto:info@dzogchen.gr)

### **Hungary**

Budapest: [dzogchen.hu](http://dzogchen.hu) [info.dzogchen@gmail.com](mailto:info.dzogchen@gmail.com)

### **Israel**

[dzogchenisrael.wordpress.com](http://dzogchenisrael.wordpress.com) [gakyil.israel@gmail.com](mailto:gakyil.israel@gmail.com)

### **Latvia**

Riga: Padmaling – [dzogchen.lv/en/](http://dzogchen.lv/en/) [padmaling.riga@gmail.com](mailto:padmaling.riga@gmail.com)

### **Lithuania**

Vilnius: Dorjeling – [dzogchen.lt](http://dzogchen.lt) [dzogchen.lt@gmail.com](mailto:dzogchen.lt@gmail.com)

### **Poland**

Warsaw: Namdagling – [dzogczen.pl](http://dzogczen.pl) [namdagling@gmail.com](mailto:namdagling@gmail.com)

Krakow: Yedrolling – [yedrolling@dzogczen.pl](mailto:yedrolling@dzogczen.pl)

Retreat place: Paldenling – [paldenling@dzogczen.pl](mailto:paldenling@dzogczen.pl)

### **Serbia**

Belgrade: Thayasling – [dzogchen.rs/english](http://dzogchen.rs/english) [thayasling@gmail.com](mailto:thayasling@gmail.com)

### **Slovakia**

Wangdenling – [dzogchen.sk/wangdenling](http://dzogchen.sk/wangdenling) [geko.wangdenling@gmail.com](mailto:geko.wangdenling@gmail.com)

## **BELARUS**

Minsk: Jigdralling – [jigdralling.org](http://jigdralling.org) [jigdralling@gmail.com](mailto:jigdralling@gmail.com)

## **RUSSIA**

Russian-Speaking Countries – [kunsangar.org](http://kunsangar.org)

Moscow: Rinchenling – [rinchenling.ru](http://rinchenling.ru) [moscow.ling@gmail.com](mailto:moscow.ling@gmail.com)

St. Petersburg: Sangyeling – [spb.dzogchen@gmail.com](mailto:spb.dzogchen@gmail.com)

Vladivostok: Kunsanling – [kunsanling@gmail.com](mailto:kunsanling@gmail.com)

Izhevsk: Kungaling – [dzogchen.izhevsk@gmail.com](mailto:dzogchen.izhevsk@gmail.com)

Omsk: Miphamling – [dzogchen-omsk.ru](http://dzogchen-omsk.ru)

Saratov: Dechenling – [dechenling.com](http://dechenling.com) [saratov.gakyil@gmail.com](mailto:saratov.gakyil@gmail.com)

Chelyabinsk: Rabtenling – [dyakov.lev@yandex.ru](mailto:dyakov.lev@yandex.ru)

Perm: Sherabing – [sherabing.ru](http://sherabing.ru)

Yakutsk: Gegeling – [miraida@inbox.ru](mailto:miraida@inbox.ru)

Elista: Namgyalling – [NamgyallingElista@gmail.com](mailto:NamgyallingElista@gmail.com)

Sochi: Dechjeling – [dzogchen.sochi@gmail.com](mailto:dzogchen.sochi@gmail.com)

Buryatia: Kundrolling – [gakyil.ulanude@gmail.com](mailto:gakyil.ulanude@gmail.com)

\_Buryatia: Namselling – [nelbadm@gmail.com](mailto:nelbadm@gmail.com) [rolpa2@yandex.ru](mailto:rolpa2@yandex.ru)

\_Arkhangelsk: [dzogchen29@gmail.com](mailto:dzogchen29@gmail.com)

\_Volgograd & Volzhskiy: [awk@inbox.ru](mailto:awk@inbox.ru)

\_Crimea, Maly Mayak: Dedrolling – no current contact

## **UKRAINE**

Kiev: Tobgyalling – [dzogchen.kiev.ua/news](http://dzogchen.kiev.ua/news) [kiev.dzogchen@gmail.com](mailto:kiev.dzogchen@gmail.com)

\_Kharkov: Karmaling – [karmaling.com.ua](http://karmaling.com.ua) [karmasite@ukr.net](mailto:karmasite@ukr.net)

Dnepropetrovsk: Palphelling – [dzogchen.dp.ua](mailto:dzogchen.dp.ua) [palphelling@gmail.com](mailto:palphelling@gmail.com)

\_Donetsk: Phuntsokling – [dzogchen.dn.ua](mailto:dzogchen.dn.ua) [donetsk.dzogchen@gmail.com](mailto:donetsk.dzogchen@gmail.com)

## **AUSTRALIA**

Namgyalgar: [dzogchen.org.au](http://dzogchen.org.au) [namgyalgar.secretary@gmail.com](mailto:namgyalgar.secretary@gmail.com)

Melbourne: Samyasling – [melbourne@dzogchen.org.au](mailto:melbourne@dzogchen.org.au)

## **NEW ZEALAND**

Yangdakling: [dzogchen.org.nz](http://dzogchen.org.nz)

## **ASIA**

### **China**

Beijing: Jamyangling – [niccoloserino@gmail.com](mailto:niccoloserino@gmail.com)

\_Shanghai: Jampalling – [75031594@qq.com](mailto:75031594@qq.com)

### **Japan**

Munselling – [dzogchencommunity.jp](http://dzogchencommunity.jp) [munselling@dzogchencommunity.jp](mailto:munselling@dzogchencommunity.jp)

### **Malaysia**

Kuala Lumpur: Rabgyaeling [kakyn.khok@gmail.com](mailto:kakyn.khok@gmail.com)

### **Singapore**

Namdrolling – [dzogchen.sg](http://dzogchen.sg) – [mail@dzogchen.sg](mailto:mail@dzogchen.sg)

### **\_Taiwan**

Gephelling – [cctsaic@gmail.com](mailto:cctsaic@gmail.com)

## **MEXICO**

Mexico City: Pelzomling – [pelzomling.blogspot.com](http://pelzomling.blogspot.com) – [pelzomling@gmail.com](mailto:pelzomling@gmail.com)

\_Wangdusling – Tepotzlan, Moreles – [wandusling@gmail.com](mailto:wandusling@gmail.com)

## **USA**

Atlanta, Georgia: [atlantadzogchen.wordpress.com](http://atlantadzogchen.wordpress.com)

Berkeley California: Dondrubling – [dzogchencommunitywest.org](http://dzogchencommunitywest.org)

Boulder, California: [dhyana@dhyanaeagleton.com](mailto:dhyana@dhyanaeagleton.com)

Chicago: [dzogchenchicago.org](http://dzogchenchicago.org)

Hawaii: [facebook.com/dzogchenhawaii/](https://facebook.com/dzogchenhawaii/) [dzogchenhawaii@gmail.com](mailto:dzogchenhawaii@gmail.com)

Los Angeles, California: [dzcommunityla@gmail.com](mailto:dzcommunityla@gmail.com)

New Mexico: [bodhi.friend@yahoo.com](mailto:bodhi.friend@yahoo.com)

New Orleans: [andreamasca@gmail.com](mailto:andreamasca@gmail.com) [damienschwartz@gmail.com](mailto:damienschwartz@gmail.com)

NYC: Kundrolling – [kundrolling.org](http://kundrolling.org) [nydzogchencomm@gmail.com](mailto:nydzogchencomm@gmail.com)

-----

## **SOUTH AMERICA**

### **Argentina**

Cordoba: [comunidad.dzogchen.cordoba@gmail.com](mailto:comunidad.dzogchen.cordoba@gmail.com)

Buenos Aires: Delegling – [gakyil.ba@gmail.com](mailto:gakyil.ba@gmail.com)

La Plata, Buenos Aires – [dzogchenlp@gmail.com](mailto:dzogchenlp@gmail.com)

### **Brazil**

Sao Paolo: Lhundrubling – [dzogchenbrasil@gmail.com](mailto:dzogchenbrasil@gmail.com)

### **Chile**

[comunidaddzogchenchile@gmail.com](mailto:comunidaddzogchenchile@gmail.com)

### **Costa Rica**

Dekyitling – [dzogchencostarica@gmail.com](mailto:dzogchencostarica@gmail.com)

### **Peru**

Lima: Norbuling – [dzogchenperu.org](http://dzogchenperu.org) [secretarianorbuling@gmail.com](mailto:secretarianorbuling@gmail.com)

### **Uruguay**

[dzogchenmaldonado@gmail.com](mailto:dzogchenmaldonado@gmail.com)

### **Venezuela**

Merida: [mcarmenrivas@yahoo.com.ar](mailto:mcarmenrivas@yahoo.com.ar)

-